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Motilal Banarsidass Publ.,
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synthesis of religion,
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to suggest in a systematic

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way that the great Ken Wilber
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West could be integrated
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Consciousness was Wilber's
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an integral model of the
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experience, combining
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one neat, elegant package.

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More specifically, the
Spectrum of Consciousness is
a pluri dimensional approach
to man's identity; that is
to say, each level of the
Spectrum is marked
by a different and easily
recognized sense of
individual identity, which
ranges from the Supreme
Identity of cosmic
consciousness through
several gradations or bands
to the drastically narrowed
sense of identity

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associated with egoic
consciousness. Ken Wilber

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Drenth At age 23, the

prodigious writer and

theorist Ken Wilber

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published his first book, *The Spectrum of Consciousness*. Originally published in 1977, it, along with some of Wilber's subsequent books, remains one of my favorite works on psychology and philosophy.

Ken Wilber's Four Dualisms
of Consciousness
Ken Wilber's Integral Vision
in the New Millennium,
Paragone House, 2006, ISBN
1-55778-846-4; Donald Jay
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The Spectrum of
Consciousness (Quest Books)
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Ken Wilber is known as one of the founders of "integral psychology" which refers to an attempt to formulate a theory of the psyche that incorporates ideas from both psychology and spirituality. Perhaps Wilber's most well-known model of human development, or "spectrum of consciousness" is rather simple, based as it is on three different levels: pre-personal, personal, and transpersonal.

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to Ken Wilber | Thomas...
In The Spectrum of
Consciousness, Ken Wilber
extolled Krishnamurti as the
incredible man whose
discourses had been compared
by Aldous Huxley to those of
the Buddha. More
realistically, Krishnamurti
led thousands of people to
believe that there was no
"path," producing a breed of
"eternal now" enthusiast.

KEN WILBER, UP FROM EDEN -
citizenphilosophy.net
Yogis and mystics have
written about it since time
immemorial, and more
recently also western
psychoanalysts and

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psychologists like Carl Jung and Ken Wilbur 1. What do we learn from this literature? It tells us there is a vast spectrum of consciousness in a human being, spanning the subconscious mind through consciousness and all the way to the superconscious realm, most of which we don't understand.

The spectrum of
consciousness - Heartfulness
Magazine
Wilber's groundbreaking
synthesis of religion,
philosophy, physics, and
psychology started a
revolution in transpersonal
psychology. He was the first

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Couple and Systemic Therapy

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Wilber's groundbreaking synthesis of religion, philosophy, physics, and psychology started a revolution in transpersonal psychology. He was the first to suggest in a systematic way that the great psychological systems of the West could be integrated with the noble contemplative traditions of the East. *Spectrum of Consciousness*, first released by Quest in 1977, has been the prominent reference point for all subsequent attempts at integrating psychology and spirituality.

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Ever since the publication

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of his first book, *The Spectrum of Consciousness*, written when he was twenty-three, Ken Wilber has been identified as the most comprehensive philosophical thinker of our times. This introductory sampler, designed to acquaint newcomers with his work, contains brief passages from his most popular books, ranging over a variety of topics, including levels of consciousness, mystical experience, meditation practice, death, the perennial philosophy, and Wilber's integral approach to reality, integrating matter, body, mind, soul, and spirit. Here is Wilber's

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consciousness Ken Wilber
writing at its most reader-
friendly, discussing
essential ideas of the
world's great psychological,
philosophical, and spiritual
traditions in language that
is lucid, engaging, and
inspirational.

In one of the first attempts
to bring an integral
dimension to sociology, Ken
Wilber introduces a system
of reliable methods by which
to make testable judgments
of the authenticity of any
religious movement. A
Sociable God is a concise
work based on Wilber's
"spectrum of consciousness"
theory, which views
individual and cultural

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Development as an Ken Wilber
evolutionary continuum. Here
he focuses primarily on
worldviews (archaic, magic,
mythic, mental, psychic,
subtle, causal, nondual) and
evaluates various cultural
and religious movements on a
scale ranging from
egocentric to ethnocentric
to worldcentric to Kosmic.
By using this integral view,
Wilber hopes, society would
be able to discriminate
between dangerous cults and
authentic spiritual paths.
In addition, he points out
why these distinctions are
crucial in understanding
spiritual experiences and
altered states of
consciousness. In a lengthy

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new introduction, the author brings the reader up to date on his latest integral thinking and concludes that, for the succinct and elegant way it argues for a sociology of depth, A Sociable God remains a clarion call for a greater sociology.

The goal of an "integral psychology" is to honor and embrace every legitimate aspect of human consciousness under one roof. This book presents one of the first truly integrative models of consciousness, psychology,

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and therapy. Drawing on hundreds of sources—Eastern and Western, ancient and modern—Wilber creates a psychological model that includes waves of development, streams of development, states of consciousness, and the self, and follows the course of each from subconscious to self-conscious to superconscious. Included in the book are charts correlating over a hundred psychological and spiritual schools from around the world, including Kabbalah, Vedanta, Plotinus, Teresa of Ávila, Aurobindo, Theosophy, and modern theorists such as Jean Piaget, Erik Erikson,

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Jane Loevinger, Lawrence Kohlberg, Carol Gilligan, Erich Neumann, and Jean Gebser. Integral Psychology is Wilber's most ambitious psychological system to date and is already being called a landmark study in human development.

A simple yet comprehensive guide to the types of psychologies and therapies available from Eastern and Western sources. Each chapter includes a specific exercise designed to help the reader understand the nature and practice of the specific therapies. Wilber presents an easy-to-use map of human consciousness

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consciousness the various
therapies are introduced and
explained. This edition
includes a new preface.

This book chronicles
humanity's cultural and
psychospiritual evolutionary
journey over some six
million years from its
primal past into its
dazzling cosmic future.

There is arguably no more
critical and pressing topic
than the relation of science
and religion in the modern
world. Science has given us
the methods for discovering
truth, while religion
remains the single greatest
force for generating

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meaning. Yet the two are seen as mutually exclusive, with wrenching consequences for humanity. In *The Marriage of Sense and Soul*, one of today's most important philosophers brilliantly articulates how we might begin to think about science and religion in ways that allow for their reconciliation and union, on terms that will be acceptable to both camps. Ken Wilber is widely acclaimed as the foremost thinker in integrating Western psychology and the Eastern spiritual traditions. His many books have reached across disciplines and synthesized

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the teachings of religion, psychology, physics, mysticism, sociology, and anthropology, earning him a devoted international following. *The Marriage of Sense and Soul* is his most accessible work yet, aimed at guiding a general audience to the mutual accord between the spiritual, subjective world of ancient wisdom and the objective, empirical world of modern knowledge. Wilber clearly and succinctly explores the schism between science and religion, and the impact of this "philosophical Cold War" on the fate of humanity. He systematically reviews

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previous attempts at integration, explaining why romantic, idealistic, and postmodern theories failed. And he demonstrates how science is compatible with certain deep features common to all of the world's major religious traditions. In pointing the way to a union between truth and meaning, Ken Wilber has created an elegant and accessible book that is breathtaking in its scope.

Utilizing a question and answer format, the philosopher and spiritual teacher discusses multiculturalism, political correctness, spiritual

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enlightenment, gender wars,
modern liberation movements,
and the course of evolution.
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